

Domestic and Public Violence

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ABSTRACT

Various types of violence are happening throughout the world. There is gender-based violence, sexual violence against women, intimate partner violence, domestic violence, family violence, child maltreatment, youth violence, elder abuse, workplace violence, structural violence, public violence, armed conflict etc. Since the violence depends on the individual person, prevention of violence is a difficult task and it consumes time and effort. In this paper the author has clearly given the causes, consequences and the ways to control violence in detail.

Introduction

Violence is an intentional use of physical force to injure or hurt another person. Violence results in injury, death, psychological harm and deprivation. It is a significant public health problem. It may be self-directed, interpersonal or collective. Violence is categorised as physical, sexual, psychological and deprivation.

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There is a huge loss due to violence. Violence will give fear, depression and other health problems to the victims and surrounding persons. This will result in poor work performance of the victims. The medical expenses for the victims will also be very high. The gender-based violence and domestic violence severely affect the efficiency of the women. The

growth of a nation will be affected by violence like public shooting, arson and terrorism, riots.

Since the violence is caused due to psychological problem of the individuals, prevention of violence is a difficult task and it consumes time and effort. If the children are brought up with love and affection, most of the violence could be avoided. Equal rights to all and education will bring down violent incidents. Eradication of poverty and discrimination will also help to prevent violence.

Domestic Violence

Domestic Violence may be against spouse, partner, children, parents or elders. Domestic Violence may be in the form of physical, verbal, economic or sexual abuse. Majority of the victims of domestic violence are women. Domestic Violence is the most under reported crime in the world. Many religions and cultures support the dominance of man. Domestic Violence is not taken seriously in many communities.

The financial dependency is the main cause of violence against women and elderly people. The women are prone to violence when they live with their husband's family.

In many societies, violence against women are acceptable. In many cases, fear of isolation from the society, force women not to reveal the sufferings caused due to violence. The women should report the domestic violence to get a solution. If employed, women will be in better position to face domestic violence.

Public Violence

Public violence is an unlawful and intentional performance by several persons of an act or acts which are intended to disturb public peace and order by violent means, or to infringe the rights of another. Some of the public violence are fighting between groups, rioting, violent resistance to police by a mob, forcible coercion of other workers by strikers and political violence. The physical and mental health and the social functioning of the public are affected due to violence which will slow the economic and social development. Public violence will make damage to the public property and the loss of life.

Firearms are used frequently in public violence nowadays, killing many people in the incidence. Wars, violence by terrorists, group violence and economic violence like looting are some of the organised public violence.

Causes of Domestic Violence

Domestic violence is indulged by men who grew up witnessing domestic abuse and violence in their own home. The helplessness of the women slowly set in the man and raises the domestic violence. The men learn to view physical and emotional violence as valid ways to vent anger and cope with their own internal fears and self-perception of issues.

Domestic Violence often occurs when the abuser believes that abusing is an acceptable, justified or unlikely to be reported. The factors like fear, isolation, divorce, lack of finance, shame or to protect children may force many women to hide the domestic violence.

Men who have inferiority complex, abuse and ill-treat women to show that they are superior to another human being. The men who are lazy, cheaters and think women as inferior creatures often abuse women. The women are ill-treated for dowry in some societies.

In many societies, the male takes up the job and inherits the property of the family. The men become the bread winner and women dedicate themselves to household work. The finance is fully controlled by men and the women are to depend on her husband for survival. This makes the women susceptible for domestic violence.

Causes of Public Violence

Public violence is accompanied by clearly defined criminal acts such as arson, assault and murder. Public violence causes malicious damage to property. Faction fighting between groups, rioting, violent resistance to the police by a mob, forcible strike are also some public violent acts. The public violence should be viewed seriously.

The major causes of public violence are social inequality, lack of democratic process, unequal access to power, unequal distribution of resources, failure of the Government to provide essential services, lack of job opportunities, mental illness, religion and caste, easy

access to firearms and weapons, inadequate or wrong law enforcement and media and movies.

The criminals and alcoholics indulge in public violence. They involve in arguments, fights and assaults. Child abuse is prevalent in poor and illiterate society.

Consequences of domestic violence

Domestic violence causes many health problems from physical injuries to psychological and psychiatric disorders. The victim survivors must cope with other social and economic problems resulting from such violence. Consequences of Domestic violence are external and internal injuries, physical and mental health deterioration, post traumatic stress disorder, low self- esteem, headache, anxiety and fear, permanent disabilities, eating disorders and suicide.

Divorce and separation may lead to socio- economic problems such as homelessness, loss of employment, negative impact on parenting behaviour etc.

Consequences of Public Violence

Public Violence is a public health problem that has substantial impacts on individuals, their families, communities and society. Public violence generate fear in communities, cause death of innocent people and make physical, emotional and psychological consequences for victims. Public violence leaves more victims with permanent physical and emotional scars.

Public health system will be severely affected by the public violence. The economy of the country will be crippled due to public violence.

How to prevent domestic violence

Many women who were brought up in good homes are oblivious of what abuse is and they normalise the abuser's violent behaviour and make excuse for their abuser's behaviour until it is too late. Victims of domestic abuse tend to shed their best friends, former boyfriends and girlfriends, contact with neighbours or former teachers. They stop responding when someone reach out to them and deny the abuse.

1. The victim should not deny the happening of violence and recognise the abuse as danger.

2. Intuition is the best tool to prevent domestic violence. If any abuse is sensed, do not take it as normal behaviour. One should take some action against it.
3. Violence in a relationship is never a legitimate way of handling disagreements or strong emotions. Violence almost always escalate when there is no accountability. When violence happens convey it to others.
4. Always convey to your partner that you are not weak.
5. There is a feeling of merged identity and fusion between the couple. This feeling of fusion makes it difficult for a couple to break free from the relationship, even after it has become hostile or dangerous. One should recognise the situation and consult with the others to resolve it. Otherwise the violence acts will increase more and more.

The women should be educated and encouraged to take up a job to have financial independence. The family members and neighbours should help the victims. These will solve most of the problems happening due to domestic violence.

How to prevent Public Violence

Economic and social problems such as poverty, joblessness, and racism are inextricably linked to public violence. If violence is to be prevented, these fundamental societal issues must be addressed.

United, happy and loving families produce children who value principles, peace and progress. The most effective interventions in prevention of public violence begin at young stage to shape the children's attitudes, to develop their knowledge, and to modify their behaviour while they are still open to positive influences.

The youngsters should be provided with knowledge and skills. Imparting social values and professional skills will deter the individuals from criminal activities. The people living in poverty, slums, congested areas and in groups indulge in violence. They should be provided with better living conditions. Law enforcement should be very strict. The politicians should not be biased. The workers' problems should be addressed to avoid violence. Guns should be banned.

Conclusion

The domestic and public violence cause trauma, fear or even death to individuals and damage to properties. To create a society where everyone feels safe, requires an understanding that safety is a human right. Women are suffering due to inequality that is prevailing in work spots, sports, politics and in all walks of life. Many religion and communities are not sympathetic to women's rights. The male – breadwinner hypothesis weakens the women economically. Lack of finance, fear of rejection from the society and isolation make the women to accept domestic violence. The parents should provide adequate education to their girl children. The women should be encouraged to take up employment and earn to have financial freedom. Violence in any form should be denounced by the society. Peace, love, affection and security should be given to the children. If all these are provided to children with natural environment, then they will know the values of the society and denounce the violence and crime.