



OUR HERITAGE (UGC Care Journal)

ISSN: 0474-9030 Vol-68, Special Issue-50

One Day National Seminar on "Best Practices for Physical Education and Sports Faculty Development in the College"

Organized by:

Yashwantrao Chavan Mahavidyalaya, Karmala, Distt. Solapur,
Maharashtra, India

& Punyashalok Ahilyadevi Holkar Solapur University, Solapur,
Maharashtra, India

Held on 15th February 2020



THE ROLE OF LIBRARIES IN PHYSICAL EDUCATION

Mr. Shashikant Raghunath Waghmare

Librarian, Bharat Mahavidyalay, Jeur (C.Rly),

Tal – Karmala, Dist – Solapur

Mo - 9881080129

Introduction –

Over the years, many libraries have supported education as well as physical Education efforts by providing teaching resources, information & referral services. A more active approach has been taken by libraries offering physical education classes or one – to – one tutoring programmes. Many libraries have outreach programmes designed to meet the needs of specific groups of people with limited physical educational skills. Library resource materials are distributed to the institutionalized, including those in prisons, hospitals, rehabilitation centers group homes for the elderly & disabled.

The traditional image of the library as a quiet place of study, housing mostly print collections, is changing. Libraries organize collections & provide access & services that incorporate changes in teaching, learning & information technologies.

Physical Education – It's Importance in Life

Physical Education is a process whereby you provide information & communicate with trainees. Physical Education is in fact essential. Knowledge as well as sport is power, so to be physical Educated is to be empowered. Physical Education allows individuals to transcend poverty and ignorance to become independent decision – making members of their society. Modern life is often ruthless and fast moving; physical education offers a space wherein we can focus on



OUR HERITAGE (UGC Care Journal)

ISSN: 0474-9030 Vol-68, Special Issue-50

One Day National Seminar on "Best Practices for Physical Education and Sports Faculty Development in the College"

Organized by:

**Yashwantrao Chavan Mahavidyalaya, Karmala, Distt. Solapur,
Maharashtra, India**

**& Punyashalok Ahilyadevi Holkar Solapur University, Solapur,
Maharashtra, India**

Held on 15th February 2020



physical as well as psychological maturity & being self-reliant. The need for physical Education has not changed since the dawn of history. It is important to concentrate on physical Education.

Methodology –

I have used Internet, Websites, Reference Books, Books, Periodical, Magazines in relation to this dissertation.

Library –

The word library comes from liber, the latin word for “book” (Encarta, 2009). Libraries are defined as organized collection of published & unpublished books & audio-visual materials with the aid of services of staff who are able to provide & interpret such material as required to meet the informative research, educational & recreational needs of its users.

Physical Education –

‘Physical Education’ & ‘Library’ are two inseparable – indivisible concepts, both being fundamentally & synchronically related to and co-existent with each other. One cannot be separated from the other and the existence of one is impossibility without the other. One dies as soon as the other perishes. One survives as long as the other exists. This inter – relation, this co-existence this dependence of one upon the other have been coming down from the birth of human civilization to the posterity through a process of evolution in accord with varied needs, changes & circumstances of various stages of human life.

“PHYSICAL EDUCATION” is an aggregate of all the processes by means of which a person develops abilities, attitudes & other forms of behavior positive value in the society in which he lives. It is a ‘social process by which people are subjected to the influence of a selected controlled environment (especially that of that of the



OUR HERITAGE (UGC Care Journal)

ISSN: 0474-9030 Vol-68, Special Issue-50

One Day National Seminar on "Best Practices for Physical Education and Sports Faculty Development in the College"

Organized by:

**Yashwantrao Chavan Mahavidyalaya, Karmala, Distt. Solapur,
Maharashtra, India**

**& Punyashalok Ahilyadevi Holkar Solapur University, Solapur,
Maharashtra, India**

Held on 15th February 2020



physical school) so that they may attain social physical competence and optimum individual development. Physical Education is thus the result of acquired knowledge & the skills of sport & experiments, while library is both the fountain & source & the protector & storehouse of that knowledge & experience. Physical Education cannot exist alone in the absence of library.

Objective –

- Libraries Inspire physical Education.
- Libraries have tools to inspire physical Education of all ages.
- Libraries teach skills & strategies individuals need to learn & achieve.
- They are partners in physical Education, developing curricula & integrating resourced into teaching & learning.
- They seek, select, evaluate & utilize electronic resources tools & instruct sportsman & educators in how to teach.
- Libraries have a record of personal service & impartiality.
- Libraries are true places of opportunity for physical Education.

Importance of Library in Physical Education –

Library is like a store house of knowledge. You will find books, visual as well as audio-visual material in a library in almost all topics, be it history, physical Education, geography or even science fiction a library has it all. All schools & colleges have a library. A library is like the whole world encompassed in one room. It is very essential to the physical Education & school as well as college system.

A pivotal role played by the libraries it is one of the factors which help in the development of a society, a civilization and physical Education. It caters to the knowledge thirsty minds of thousands of people. With the onset & advancement of technologies virtual libraries are created. These types of libraries are present in



OUR HERITAGE (UGC Care Journal)

ISSN: 0474-9030 Vol-68, Special Issue-50

One Day National Seminar on "Best Practices for Physical Education and Sports Faculty Development in the College"

Organized by:

**Yashwantrao Chavan Mahavidyalaya, Karmala, Distt. Solapur,
Maharashtra, India**

**& Punyashalok Ahilyadevi Holkar Solapur University, Solapur,
Maharashtra, India**

Held on 15th February 2020



many colleges libraries are an integral part of the physical Education system & one is incomplete without the other.

The Role of Library Resources in physical Education –

Facilitate the planning & implementation of sport problem that will equip students with the skills necessary to succeed in a constantly changing social & sport environment. Through resource based programmes, students acquire skills to collect, critically analyze & organize information, problem solve & communicate their understandings.

- Provide & promotes quality library material as well as virtual library material to develop & sustain in students the habit & enjoyment of sport for pleasure & to enrich students intellectual aesthetic.
- Provide physical Educations with access to relevant curriculum information & professional development material within & outside the physical educational system & opportunities to co-operatively plan implement & evaluate sport programmes which integrate information resources & technologies (Usoro, 2007)
- Cater for differences in learning & teaching styles through the provision of & equality of access to, a wide range of library material, print, audio, video & digital.

Conclusion –

Libraries are vital institutions, which cannot be separated from physical Education. The provision of libraries is crucial & indispensable to physical Education in a nation. Therefore, whatever is done to improve the quality of



OUR HERITAGE (UGC Care Journal)

ISSN: 0474-9030 Vol-68, Special Issue-50

One Day National Seminar on "Best Practices for Physical Education and Sports Faculty Development in the College"

Organized by:

**Yashwantrao Chavan Mahavidyalaya, Karmala, Distt. Solapur,
Maharashtra, India**

**& Punyashalok Ahilyadevi Holkar Solapur University, Solapur,
Maharashtra, India**

Held on 15th February 2020



physical Education is done to improve the nation. The absence of libraries will have negative effects on physical Education. Therefore, all sportsman individual learners should be encouraged to use them.

References –

- 1) Importance of Libraries in Education Retrieved June 20, 2011 from <http://ezinearticles.com/>
- 2) Importance of Libraries & id = 458166 Retrieved June 20, 2011 from <http://www.det.wa.edu.au/education/cmis/eval/library/value/val 1.htm>
- 3) Importance of a Library
Retrieved June 20, 2011 from <http://www.buzzle.com/articles/importance-of-a-library.htm/>
- 4) Why do we need physical Education – Its importance
Retrieved June 20, 2011 from <http://www.definitioneducation.com/>
- 5) Granthalayin Sandharbh Seva – Dr.Prakash Karmarkar, Prakashak – Universal Prakashan, Pune - 411029